

baking soda

citric acid

cornstarch

epsom salt

coconut oil

chamomile tea

lavender essential oil

food coloring

mold for the bombs

1 ½ cups of baking soda

¾ cup citric acid

¾ cup cornstarch

¾ cup epsom salt

¾ cup melted coconut oil

½ cup strongly brewed chamomile tea

15 drops lavender essential oil, add drops to desired smell

optional: food coloring,

Combine the dry ingredients.

Whisk to remove any clumps.

In separate container stir together the wet ingredients, if you are using food coloring put it in here.

Slowly pour the liquid mixture in with the dry mixture, whisking as you go.

If you see the mixture fizz or foam, slow down and go slower (I went too fast).

Once all ingredients are mixed (you may not use all of the wet, press into your mold and allow to dry overnight.